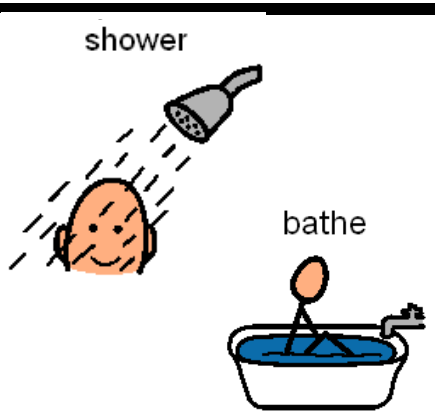
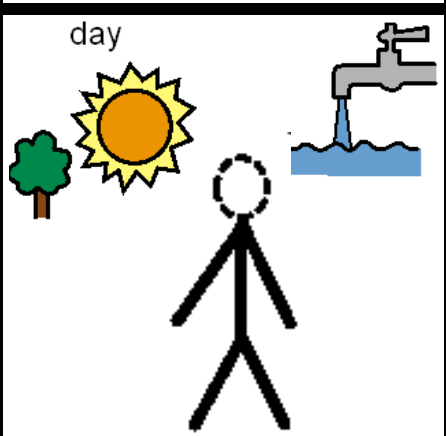
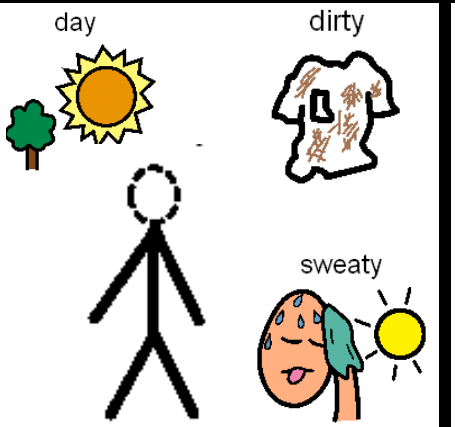
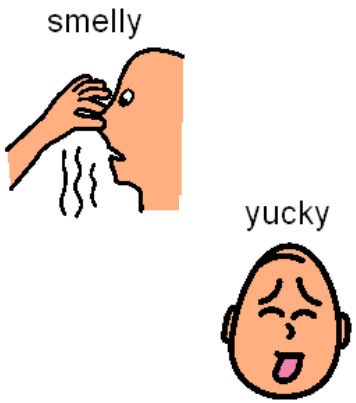
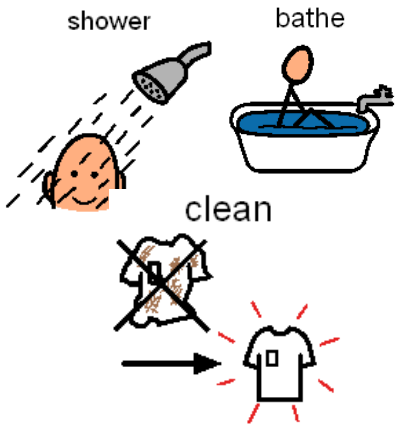
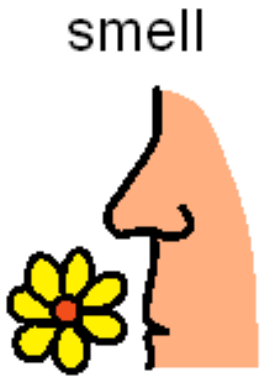
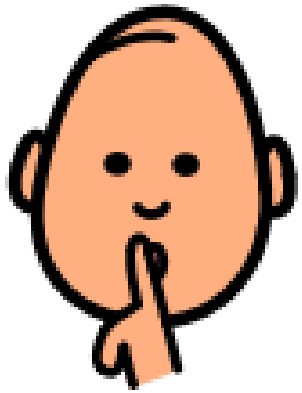
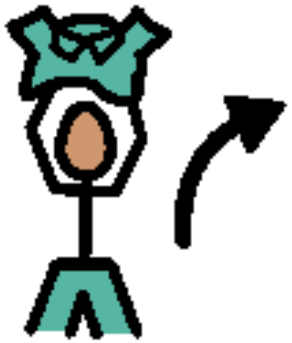
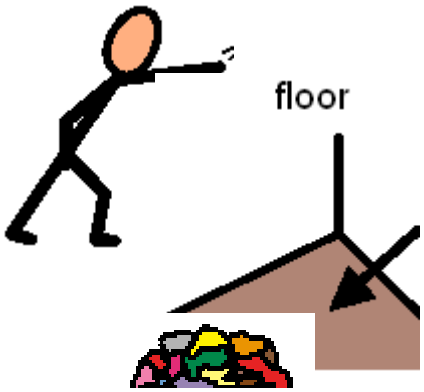
Taking a shower.



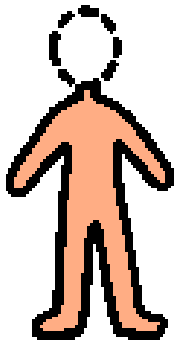
1	Showering Or Bathing	We need to wash our bodies every day	We wash our bodies by having a shower or a bath	We usually take a bath or a shower in the morning or before bedtime.
				

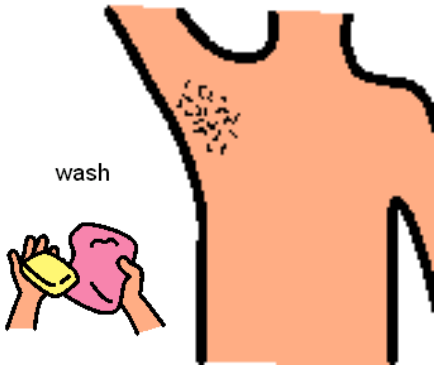
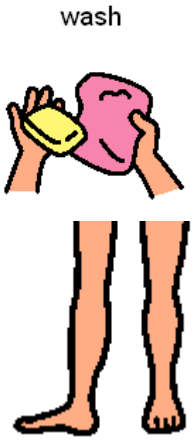
2	Our bodies become dirty and sweaty every day.	Sometimes our bodies smell stinky.	It is important to take a shower or bath to clean ourselves	And smell nice.
				

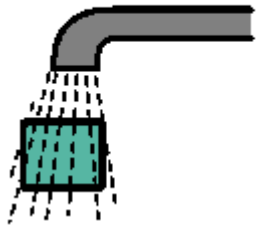
3	Showering	Take a shower after swimming.	Take a shower at home.	Showering is Private.
	shower 	swim 	home 	

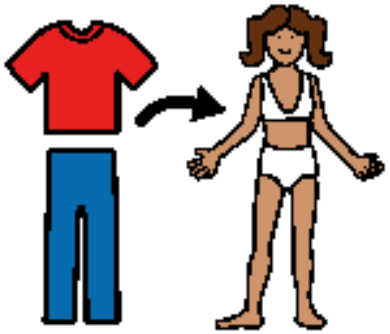
4	Take off my clothes.	Fold my clothes.	Do not throw my clothes on the floor.	Put my clothes on a chair, or in a basket.
	take off clothes 	fold clothes 		

5	Turn on the water in the shower.	Use hot and cold water.	Be careful! That the water is NOT too hot. Just warm	Do not have a cold shower.
	turn on 	warm water 	hot 	cold 

6	Stand under the water.	Wash using soap.	Wash my face.	Wash my body.
	shower 	apply soap 	wash face 	wash  body 

7	Remember to wash under my arms using soap.	Remember to wash between my legs.	Wash off the soap. Rinse	I can use a washer when I wash.
				

8	I can wash my hair using shampoo.	First I get my hair wet.	Then I will put a little shampoo on my head and lathe all my hair.	Then I will rinse my hair until all the shampoo is out
	wash hair 		shampoo 	rinse 

9	Dry your body & hair with a towel.	Use deodorant, so you smell beautiful!	Get dressed.	Make sure the shower is turned off.
	dry off 	deodorant 	get dressed 	shower 