

WHAT TO PACK:

Your clothes might suffer wear and tear and also are likely to get dirty or wet. Therefore you need to pack several changes of old clothes for doing activities during the day.

KIT LIST

- Tracksuit or light weight trousers
- Jeans (evening only)
- Shorts
- T-shirts
- Long sleeved tops (shoulders need to be covered for all activities)
- Comfortable shoes / trainers for walking
- Old trainers / pumps for water activities
- Footwear for indoors
- Waterproof jacket
- Hat and gloves

OTHER ITEMS

- Towel for showering
- Old towel for wet activities
- Plastic drinks bottle (clearly labelled)
- Underwear
- Socks (some to cover ankles)
- Toiletries
- Teddy (optional)
- Sun cream
- Rucksack / Small bag
- Labelled bin bag for wet/dirty clothes
- Appropriate clothes/shoes for the evening
- Disposal camera (clearly labelled)
- Small purse/wallet for money
- Item for quiet times (e.g. book, card game etc.)

NOTE

- Jeans are not suitable for activities as they get heavy and cold when wet and do not dry out quickly.
- Please ensure that all items are clearly labelled with your name.
- Many of the activities require the children to wear long trousers rather than shorts.



Year 6 visit

THE ISLE OF WIGHT



Friday 7th June - Monday 10th June 2013

ABOUT PGL

A trip with PGL offers significant opportunities to experience learning in a new environment. The focus of all PGL courses is to develop self-esteem, peer support, confidence and positive attitudes which will contribute to raising motivation and achievement.

THE JOURNEY

OUTBOUND

The children need to bring

- a snack and a drink for a stop at the service station
- a packed lunch in a disposable bag to have on the ferry crossing

FRIDAY 7TH JUNE

7:45am	Drop off at Dunnington Meet in the school hall along with luggage Toilet
8:00am	Depart Dunnington Parents/Carers to wave goodbye from the playground
11:30am	Ferry Crossing Lunch on board
12-1pm	Arrival at Little Canada (PGL Site)

MONDAY 12TH JUNE

2pm	Ferry Crossing
6pm	Arrive home (possibly later dependant on traffic)

COMMUNICATION

When we have arrived safely one of the teaching staff will inform the schools.

- A ParentMail will be sent to the Dunnington parents
- A telephone tree will be organised for Salford Priors parents
- Emergency telephone number: TBC

BEDROOM ARRANGEMENTS

Accommodation varies from 4-8 bedded rooms. These are organised into boys and girls. The children have already selected friends that they would like to share with during their stay. The children from Dunnington and Salford may share rooms. During their stay they will need to make their own beds and look after the environment they are living in!

FOOD AND DRINK

Meals at PGL are freshly prepared and designed to provide the children with the energy they will need for the day ahead. There is plenty of fresh fruit, vegetables and salads! Water and squash are provided at all meals as well as hot drinks available at breakfast. If there are any specific dietary requirements please let us know in advance.

PROGRAMME OF ACTIVITIES

Throughout the 4 days the children will take part in a wide variety of physical activities. The children will be organised into groups led by a PGL instructor.

CAMERAS

Disposable cameras with a sticky label are better than risking the loss of a digital camera.

MEDICATION

All prescribed medication or painkillers for headaches (if your child uses them) must be handed over to the teacher on the morning of departure. Please see the teacher before the departure to explain the medication requirements. Medical forms need to be returned to class teachers as soon as possible.

PLEASE DO NOT BRING

- Mobile phones
- Electronic/computer games
- Valuable items
- Aerosols